



The Mini Page

Betty Debnam, Founding Editor and Editor at Large

© 2015 Universal Uclick



from The Mini Page © 2015 Universal Uclick

It's All About the Fun

Fashion Statements

Do you love putting together your own look? Does your style change with your mood? Do you look forward to seeing what other people are wearing?

Fun is the key to fashion. Clothes can make us feel powerful and beautiful. Style is all about self-expression and being creative.

To learn more about the world of fashion, The Mini Page talked with a professor at the Savannah College of Art and Design (SCAD).



In the 1500s, men and women wore a lot of padding so they would look plump. Men padded out their stomach with layers of cloth so it looked as if they had a big pot belly. These *peascod bellies* showed that the man could afford more than enough to eat.



French queen Marie Antoinette wears a fancy dress with super-wide panniers.

Trickle-down fashion

In the past, styles came from the top level of society — kings and queens or the very rich. From there it trickled down to the masses, or regular people.

Styles were often designed to show off how much money people had. Only the rich could afford clothes made of yards more fabric than they needed to cover themselves. Besides that, it was hard to do any work when wearing layers of cloth. Everyone seeing these fashionable people knew they didn't need to work for a living.

Money on display

Some fashions were so impractical that furniture and buildings were designed to fit the clothes. For example, in France in the 1700s, women wore frames called **panniers** (PAN-yuhrs) that held lots of extra fabric around their hips.

Panniers were so wide that women couldn't walk straight through a doorway. They had to enter sideways. Double doors, known as French doors, were added to homes so rich women could enter facing forward. Desks were designed with little railings around the edges because women's wide skirts kept knocking things off of them.

When people buy luxury goods just to show how rich they are, it is called **conspicuous** (kuhn-SPIK-yoo-us) consumption.



art courtesy Victoria and Albert Museum/Wikimedia Commons

Queen Elizabeth I of England set the fashion of wide lace collars for men and women. Lace was handmade and very expensive in the 1500s. Only the wealthy could afford big collars.

Anything Goes

Trickle-up fashion

In the 1950s and 1960s, a youth movement sprang up. Young people's voices grew more powerful. They invented their own styles, and the rest of society followed their lead.

In the 1950s, for the first time, jeans and T-shirts became fashionable. Before that, T-shirts were used only as undershirts, and jeans were strictly for the working class. Middle-class teens started wearing jeans and T-shirts as a way to rebel, but also because they were really comfortable and practical.

In the 1960s and 1970s, young people especially prized individual freedom. Men wore everything from brightly colored suits to Nehru jackets styled after fashions from India. They wore their hair longer. Women wore every length of skirt, from minis to midis to maxis.

Men and women both wore bright tie-dyed clothes, bell-bottom trousers, flower patterns and beads.



This Chicago couple enters into the spirit of 1975 fashions with bright colors and a playful twist on traditional business clothes.

Getting to play dress-up

Today, people are freer than ever to wear what they want. A lot of totally different styles might be floating around at the same time.

People can mix and match overalls with vintage pearls or a bright-colored suit jacket with a T-shirt, for example. It's up to each individual.

Sometimes fashion can lead to stress, especially in middle and high school. But that's not what it should be about. Kids don't need to feel pressured to wear a certain brand or to be a certain body type. Style is all about feeling good about ourselves.



A SCAD student models a student design at the college's 2014 fashion show.

Ready Resources



The Mini Page provides ideas for websites, books or other resources that will help you learn more about this week's topics.

On the Web:

- Style.com
- michelleostyle.blogspot.com
- fashionclick.teenvogue.com/users
- bit.ly/1FrquRB

At the library:

- "Why'd They Wear That? Fashion as the Mirror of History" by Sarah Albee



Basset
Brown's

Try
'n'
Find

Fashion

P	W	S	K	S	E	I	R	O	S	S	E	C	C	A
A	C	E	T	E	L	B	A	N	O	I	H	S	A	F
N	Q	O	A	Y	B	J	R	E	N	G	I	S	E	D
N	U	A	L	R	L	R	E	D	O	C	S	A	E	P
I	E	L	R	O	R	E	I	A	S	T	R	I	K	S
E	E	M	M	T	R	I	F	G	N	T	R	I	H	S
R	N	K	O	O	L	S	A	U	H	S	E	C	A	L
S	N	O	I	H	S	A	F	H	N	T	T	T	I	F
T	I	U	S	L	A	U	D	I	V	I	D	N	I	M

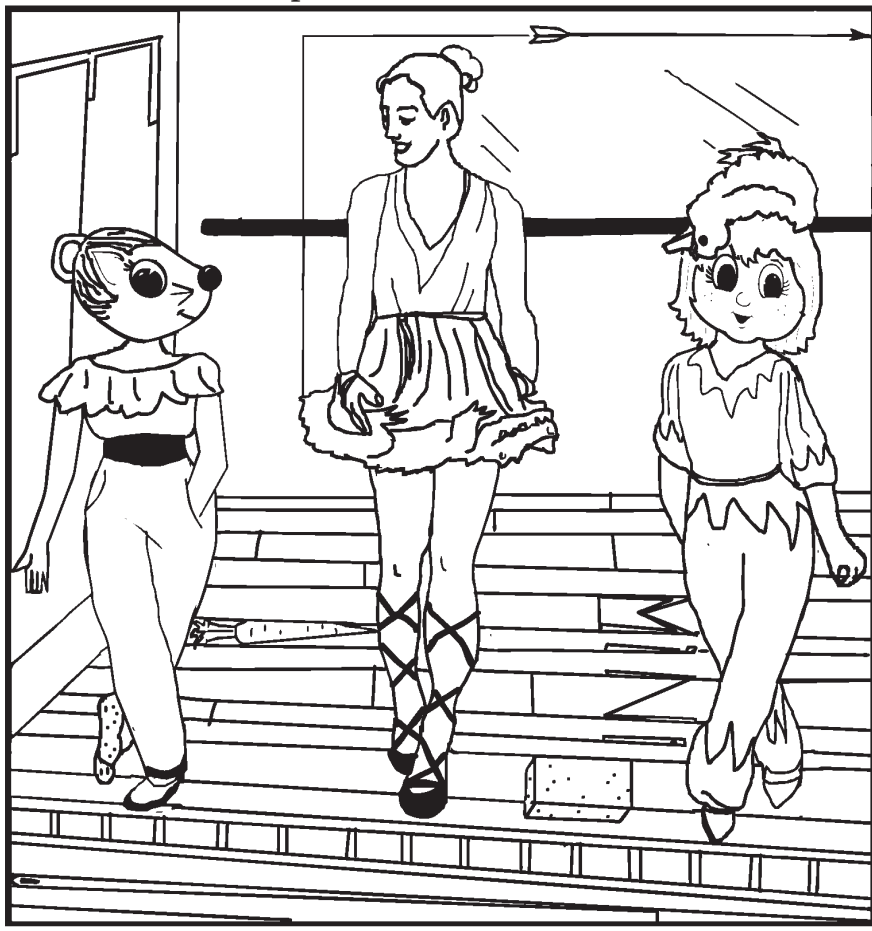
Words that remind us of fashion are hidden in the block above. Some words are hidden backward or diagonally. See if you can find: ACCESSORIES, ART, BRIGHT, COLORS, DESIGNER, FASHION, FASHIONABLE, FIT, FUN, HAIR, INDIVIDUAL, JEANS, LACE, LOOK, PANNIERS, PEASCOD, QUEEN, SHIRT, SKIRTS, STYLE, SUIT, WEAR.



Mini Spy

Mini Spy and her friends are in a school fashion show. See if you can find:

- | | | | |
|------------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <input type="checkbox"/> alligator | <input type="checkbox"/> needle | <input type="checkbox"/> ladder | <input type="checkbox"/> tooth |
| <input type="checkbox"/> arrow | <input type="checkbox"/> carrot | <input type="checkbox"/> word MINI | <input type="checkbox"/> duck |
| <input type="checkbox"/> letter E | <input type="checkbox"/> peanut | <input type="checkbox"/> letter C | <input type="checkbox"/> brick |



from The Mini Page © 2015 Universal Uclick



Rookie Cookie's Recipe Eggcellent Breakfast Frittata

Make this for Mom for Mother's Day!

You'll need:

- 6 eggs
- 1 cup low-fat milk
- 1 tablespoon butter or margarine, melted
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 5 slices precooked Canadian bacon (half of 6-ounce package)
- 1/2 cup shredded low-fat cheddar cheese
- cooking spray
- 9- or 10-inch round pie dish

What to do:

1. Preheat oven to 350 degrees.
2. Coat round pie dish with cooking spray.
3. In a medium bowl, beat eggs, milk, butter or margarine, salt and pepper with a wire whisk until well-blended.
4. Cut precooked Canadian bacon into bite-size pieces. Stir gently into egg mixture.
5. Pour mixture into pie dish and sprinkle cheese over the top.
6. Bake at 350 degrees for 30 to 35 minutes. Serves 6 to 8.

You will need an adult's help with this recipe.

from The Mini Page © 2015 Universal Uclick

Meet Suz Slezak



photo by Jo Chattman

Singer and fiddle player Suz Slezak's latest solo album is "Watching the Nighttime Come." Suz and her husband, David Wax, lead the band David Wax Museum.

Suz grew up on a farm in Virginia. She was home-schooled when she was in elementary school. She began taking piano lessons when she was 4 and violin lessons when she was 7. Not having a TV, the family made their own entertainment and often sang together.

In sixth grade she played the flute in the school band. She later learned to play the harp, accordion and donkey jawbone, which is a Mexican percussion instrument.

She enjoys quilting, knitting, gardening and being a mom to their young daughter. After college she studied spinning and weaving in Guatemala, New Zealand, Thailand and India.

Suz and the band volunteer by playing for kids and their families at a children's hospital.

from The Mini Page © 2015 Universal Uclick



from The Mini Page © 2015 Universal Uclick

Gus
Goodsport's
Supersport



Height: 6-4
Age: 20
Hometown:
El Paso, Texas

Will Licon

At the 2015 NCAA Division I Men's Swimming and Diving Championships this past March, it's safe to say University of Texas sophomore swimmer Will Licon made a big splash.

In February, Will, a breaststroke and medley specialist, had snagged Big 12 Conference titles in three events with times that qualified him for the NCAA Championships. Here he would face many of the nation's top swimmers — among them several likely Olympians preparing for the 2016 Summer Games in Rio de Janeiro.

Will dove right into the challenge. He defeated the current U.S. record-holders in the 200-meter breaststroke and the 400-meter individual medley to win national championships in both events. Will's outstanding performance at the meet helped propel the Longhorns to their 11th team national championship.



Mighty
Funny's

Mini Jokes

from The Mini Page © 2015 Universal Uclick

All the following jokes have something in common. Can you guess the common theme or category?

Mary: What did the baby lightbulb say to its mother?

May: "I wuv you watts and watts!"



Melvin: Why is a rainy day hard for a mother kangaroo?

Myrtle: Because her joey has to play inside!

Milton: What did baby Tarzan's mother read to him in the jungle?

Marvin: Safari tales!



Fashioning Our Own Style

The times and the trends

Styles change alongside big changes in society. For example, for thousands of years Western women wore skirts that reached their ankles. Then, nearly at once, in the 1920s, women began wearing skirts that came to their knees or above.

During World War I, women took over the jobs once done by the men sent to war. Long dresses often got in the way of this work. When World War I ended in 1918, millions of men had been killed. Rather than stay alone and in poverty, women kept working. They began going out for fun on their own, too.

Around the 1920s, women won the right to vote in many countries. They felt a new sense of freedom. Women began wearing shorter skirts and **bobbing**, or cutting, their hair.

Clothes for protest

Many of the hippie fashions of the 1960s and 1970s were a result of protests against the Vietnam War. Young people used flowers as a peaceful antiwar symbol. Hippies wore flowers in their hair and on their clothes. They wore bright colors and their own fashions as a way of protesting against society. A hippie was often called a flower child.

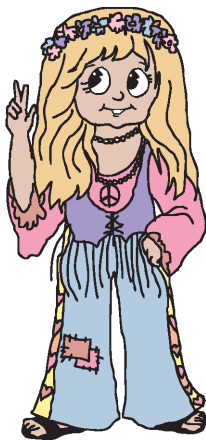


photo courtesy Library of Congress, George Grantham Bain Collection

Actress Alice Joyce models a Roaring Twenties gown bedecked with fringe and beads. Women who gloried in the fun and freedom of the 1920s were known as **flappers**.

Fashion control

For years, only a few people decided what would be in style. Buyers for big department stores and editors of fashion magazines would attend major fashion shows. They would choose the looks they liked the best, and those were the only styles the public would see. Few other people had the chance to see the clothes being modeled on the runway.

Now anybody can see the new designs on TV shows and websites. Bloggers take pictures of themselves and show their ideas for creating fun, artistic new looks. Celebrities, buyers and editors still influence people, but they no longer control the choices. People can pick and choose the designs that suit them best.

The designers

Fashion designers spark people's imaginations and help set trends. Designers create the clothes and **accessories**, or accents such as jewelry, that people use to build their own look.

If you are interested in a fashion career, experts say the most important thing is to practice drawing. You need to be able to get the ideas out of your head so you can show them to people.



photo courtesy SCAD

A Savannah College of Art and Design student models a student-designed dress.

The Mini Page thanks Sarah Collins, professor of fashion, Savannah College of Art and Design in Savannah, Georgia, for help with this issue.

Look through your newspaper and find pictures of clothes you like. Cut them out or scan them into your computer.

Next week, The Mini Page is about the National Geography Bee.

The Mini Page Staff

Betty Debnam - Founding Editor and Editor at Large Lisa Tarry - Managing Editor Lucy Lien - Associate Editor Wendy Daley - Artist