How do we get along?

Research illustrates that young people who have difficulty developing relationships are more likely to participate in aggression, abuse drugs or suffer from depression. This activity, from Teaching Tolerance, will help you examine what it means to relate to others.

Source: Teaching Tolerance

Step 1: Defining reliability

Writing prompt: Is it easier to get along or to fight with others? **Activity directions:** Students will create a chart exploring relationships observed through the media and through personal experiences. Using the Tampa Bay Times as well as other media as resources and students' own observations, list examples of people getting along and people not getting along, and show the effects of getting along, as well as the effects of not getting along.

Step 2: Assessing relatability

Writing prompt: How can you measure the quality of relationships? Activity directions: Students should complete the survey below. Students must provide a personal example for each survey question. Students should refer to the scale to learn their level of relatability.

Assessing relatability survey

- 1. Do you initiate conversations with others (text, email, call)?
- 2. Do you respond when other people initiate conversations with you (text, email, call)?
- 3. Are you a member of a group or organization?
- 4. Do you cry or laugh at things (movies, books, songs, jokes)?
- 5. Do you apologize when needed?
- 6. Do you accept apologies?
- 7. Do you share secrets with others?
- 8. Do other people share secrets with you?
- 9. Do you seek advice or the opinions of others?
- 10. Do others come to you for advice or for your opinion?

| Total # of YES answers | i |
|------------------------|---|
| Total # of NO answers | |

8-10 YES Answers: You are very relatable person.

5-7 YES Answers: You are a social person.

3-4 YES Answers: You need a relatability mentor.

0-2 YES Answers: You are in need of a relatability makeover.

Process questions: What is your reaction to your score? Do you think the survey measures relatability accurately? Explain why.

Step 3: Reshaping your relatability

Writing prompt: How can you improve your interactions with others? Activity directions: Students should brainstorm a list of factors that they use to help build relationships in their lives. They also should make a list of factors that they feel are harmful to the development of relationships in their lives. Process questions: Review your list and explain what behavior/factor is hurting your interactions with others the most. Now that you are aware that this is hurting your relationships with others, what will you do with this information?

Source: Teaching Tolerance

Jim Crow Pre-Survey

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This is **not** a test. You will not be graded on it and there are no right or wrong answers. Please read the statements below carefully and answer them as honestly as you can.

| Student age: | Grade: | _ Ge | ender: | |
|---|----------------|---------------------|----------|-------------|
| Race/Ethnicity (circle o American Indian Hispanic Multira | Asian | Black c Islander | | /hite an |
| Read each statement an | d dacida | • • • | • • • • | |
| Read each statement an | Strong | , | Disagree | Strongly |
| Students in my school get along | agree well. | | | disagree |
| Students in my school choose to | | | | |
| primarily with pe <mark>ople m</mark> ost like t Bullying is a seri <mark>ous pr</mark> oblem in | | | | |
| Every student in my school feels | like he or | | | |
| she belongs there. My school creates opportunities | | | | |
| students to get to know each oth I have seen biased vandalism or | | | | |
| my school. Teachers in my school actively w | _ | | | |
| create a safe and welcoming env | | - | | 4 |
| I am okay with <mark>being</mark> friends wit | n someone | | | |
| who is gay. I make jokes abo <mark>ut peo</mark> ple who | | | | |
| in race, gender, ethnicity or sexuorientation. | al <u> </u> | _ | _ | _ |
| Some people bring harassment a bullying upon themselves. | nd 🔲 | | | |
| Students in my schoo <mark>l know</mark> how harassment, bullying and abuse | | | | |
| officials. | | | | |
| I speak out when I see girls being differently than boys. | g treated | | | |
| If I saw a student at school being threatened by another student, I an adult who I thought would he | would tell | | | |
| • • • • • • • | • • • • • | • • • | • • • | • • • |

Teachers: Please mail completed surveys to Newspaper in Education, 490 First Ave S, St. Petersburg, FL 33701, email to ordernie@tampabay.com or fax to 727-893-8121.

Sources: Teaching Tolerance