ColoradoKids

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CK Reporter of the Week Adelaide Cravens, Lakewood

Need a friend? Perform a rescue!



The author, and his best friend photo/Erin Rupe

ooking for a friend?

A dog is a good way to go. As George Eliot once said, "Animals are such agreeable friends. They ask no questions. They pass no criticisms."

They are the best friends a person could hope to have. But how will you get your new best friend?

l got mine through Mile High Lab Rescue in Broomfield.

Mile High has made it their mission to save animals' lives and give them new homes.

As stated on their website,"The Mile High Labrador Retriever Mission, (MHLRM), a 501(c)3 non-profit public charity, is dedicated to alleviating the needless death and suffering of homeless or misplaced (*lost and strayed*) purebred Labrador Retrievers as well as Labrador mixes, mostly in high-kill overpopulated pet areas that usually are out of state. By rescuing and rehabilitating homeless Labradors in high-kill areas, vigorously promoting responsible dog ownership through active participation in pet-related events, and through our own education program, we strive for a better life for each of our animals."

When asked what makes Mile High Lab Rescue special, Brooke Grey, Mile High's Intake and Logistics Volunteer, stated, "Mile High does not discriminate on age, health or mixed-breed when we save dogs in shelters. A lot of rescues will step up and clear the shelters by taking the purebred, healthy Labs.

"We set a goal every month to take a certain percentage of heartworm positive and/or other health issue (*surgery needed, etc*) and we also tend to save the dogs that are Lab mixes. Our mission is to save the dogs that are most likely to be euthanized in shelters, and this is usually the dogs with health issues or mixes."

A year ago, I brought home my new best friend, Pen, from Mile High. He is now a part of our family.

Rescues are called that because if they were not helped by a rescue organization, they would be euthanized. They seem to know you have saved them and will be grateful for it.

The dogs will be your best friends. You can do all sorts of fun activities with them such as hiking, playing ball, tugging rope, or simply cuddling.

They are dependable, give unconditional love, and offer companionship.

"The most rewarding part about being involved in Mile High is seeing how healthy, loved and happy all of the dogs are that we save from horrible conditions (*shelters, abuse, the streets*)," Brooke Grey said.

"There's nothing better than looking back on the initial photos we have of dogs we've saved and getting updates from families ... they are completely different dogs.

"Rescue is very time-consuming and emotional, but seeing all of our dogs placed in happy, wonderful families makes all the work worth it," he said.

To learn more about Mile High Lab Rescue, go to *http://www.milehighlabmission.com*



By Jonah Rupe, 13, a CK Reporter from Evergreen

Cirque performer works at what he loves

irque du Soleil's "Luzia: A Waking Dream of Mexico" is playing in Denver at the Pepsi Center, Prius West Lot until July 9.

Cirque du Soleil is a bit difficult to explain. The shows are a mix of theatre, music and singing, light shows, dancing, gymnastics, clowns, and circus skills.

The combination is amazing.

There is jumping through hoops, rope tricks, juggling, soccer ball dancing, a contortionist, lots of flying through the air stunts, a strong man, and more. Luzia is a show that plays on the mix of rain and light and is inspired by Mexico. They do some really neat things with both light and rain. I really liked one scene where the rain suddenly takes shape!



Alexsei is an expert at his job and has been training ever since he was four years old!

He went to a circus with his mom then and saw the performers. He told her "Mom, that's what I want to be" and his family has supported him ever since.

They are very proud of him even though with them being in Russia it is hard for them to see him and he can only Facetime them once a week at most. Because of the time difference, when it is morning here they are sleeping and when they are awake, he is sleeping.

There is not much talking in this show.

There is a funny guy who comes on stage a lot (*kind* of like a clown without the clown clothes). He never speaks but yet he has a funny way of letting you know what he is wanting to say. The singing is all in Spanish so I personally did not understand the words, since I do not speak Spanish.

Before the show, I interviewed their contortionist, Alexsei Goloborodko. A contortionist is a very flexible person who does astonishing twists and turns.

Alexsei is very friendly and laughs a lot.

He is from Tula, Russia, and his favorite animal is a jaguar and he is not a fan of animals being used in circuses. That's good, since Cirque du Soleil doesn't use animals, or at least, not ones that are real.

Alexsei Goloborodko shows his flexibility in Cirque du Soleil's "Luzia: A Waking Dream of Mexico." photo/Matt Beard

Aleksei loves what he does for a living and feels that it is important to do a job that makes you happy.

He says "The circus is like a family; it has a fun and social and yet serious environment."

It is good that he enjoys it because he practices three to five hours a day!

He is so flexible that he can even touch his pelvis to the back of his head! I watched him do some of his warmups and believe me, he does things that take more flexibility than an average person could achieve in a lifetime.

I think everyone will enjoy this show. If you have not been to a Cirque du Soleil performance, you should definitely try to attend.



By Ben Vanourek , 11, a CK Reporter from Littleton



The Denver Post • 1

New series off to an action-packed start

B odyguard: Recruit," by Chris Bradford, is the first in an eight-book series.

It is about a teenager who lives in the UK named Connor Reeves and who is a kickboxing champion.

After winning a kickboxing tournament, he is recruited by Guardian, a top-secret organization that recruits young people to act as bodyguards for people who might be the target of some sort of attack.

The point of hiring young people is to make the bodyguards undercover and to not arouse suspicion.

As a part of this organization, Connor undergoes training in surveillance, anti-ambush exercises, hostage survival, and unarmed combat.

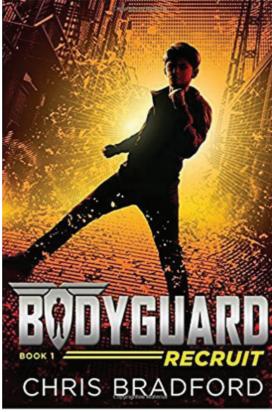
This is to prepare him for all of the dangerous missions that he has ahead of him.

However nothing can truly prepare him for his first assignment, protecting the President of the United States's daughter when the Secret Service can't.

Now his job is even more vital because, unbeknownst to the Secret Service, there is an active terrorist group in America whose mission is to kidnap the one person Connor is supposed to protect.

"Bodyguard: Recruit" sets the stage for a potentially exciting series.

The beginning of the book plunges you headfirst into action



that gets you engaged in the story and makes you want to read more. The ending also leaves you wanting to read the next book.

The novel moves at a very good pace. There are no moments that felt like they were unnecessarily long and pointless.

"Bodyguard: Recruit" is 250 pages long and is rated for ages 10 and up.

This is an appropriate age as the plot, which includes topics such as terrorism, might not be appropriate for younger ages.

The reading level should also be doable for most people of the recommended age.

I give this book four stars of five and it would be a great addition to your summer reading list.



By Parker Secrest, 13, a CK Reporter from Denver

We asked you, you told us:

Family visits win in a tight contest over summer plans

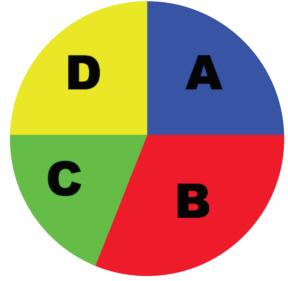
hen we asked readers about their summer plans, we figured one thing would stand out over all the others.

We were wrong: Those who answered the question gave us one of the most even set of responses we've ever had to a question.

By a very narrow margin, visits to distant family turned out to be the most frequent answer to vacation plans, but it certainly didn't run away with the prize. A nearly equal number of readers reported that their family has a big trip planned this summer, while those who plan to chill at home were not far behind.

And one more answer: A lot of kids said their family hasn't told them about any plans at all!

Here's what we asked you, and what you told us:



What are your vacation plans for this summer?

A. A big trip to a far location 25% B. Visiting distant family 31% C. Local trips, backyard fun 19% D. Beats me. Nobody tells me anything. 25%

Now here's our next summertime question: Which of these will be the biggest part of your summer?

A. Hanging out and doing things with family or friendsB. Sports, dance or other organized physical activityC. Art lessons, museum visits and similar enrichmentD. Summer school and other academics

To answer this question, go to http://nextgen.yourhub.com

MALL & FEW TIMES

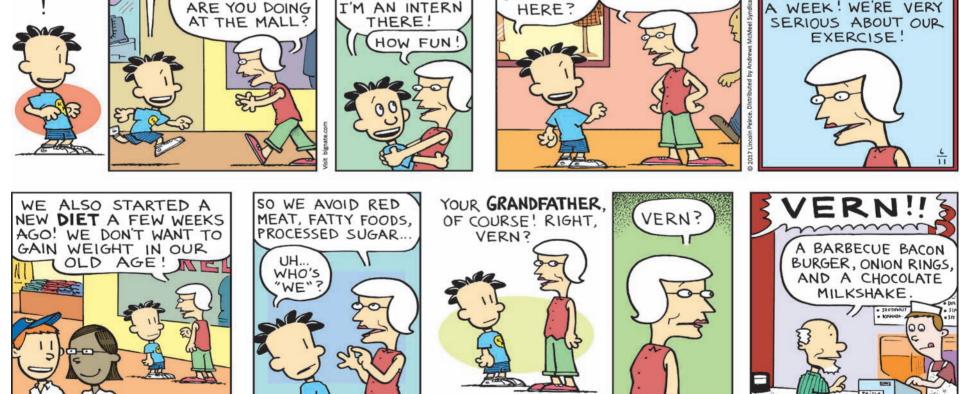
SOME CALORIES!



YOU DOING

KLASSIC KOMIX !

SWEETIE! WHAT



How to fight superbugs? By creating super antibiotics!

When antibiotics first came along in the 20th Century, they seemed like a miracle that would wipe out disease.

But, while they made a very large, important contribution to health, many bacteria were able to develop resistance to them.

Over time, bacteria that were not killed by an antibiotic would grow in numbers, becoming "superbugs" that made antibiotics nearly useless.

Now researchers at the Scripps Research Institute in California have found a way to change a 60-yearold antibiotic that has become almost worthless into a powerful "super antibiotic" that can not only destroy a particular type of dangerous bacteria but has three ways of doing it rather than just one.

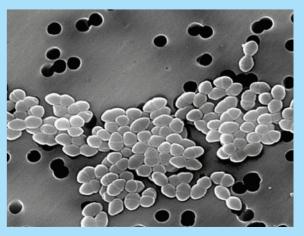
The developers point out that a bacterium might be able to resist one of those three attack methods, but it wouldn't be able to stand up to all three.

This means there is very little chance that a superbug could evolve that would stop this new antibiotic from working.

But researchers also advise people not to get too excited yet.

The super antibiotic has been tested on bacteria in labs, but not in humans or even in animals. It might not be safe or effective for people.

Still, if it does work, it could be the first of a new family of disease fighters. **photo/CDC**



Simple story carries strong, important message

he Girl In Between," by Sarah Carroll, is about a small family that went from having everything to nothing.

This book takes you into the mind of a young girl and her mother who are homeless.

In the beginning a girl and her mother have everything. The girl and her mother live with Gran who provides them with a roof over their heads, food, money and a loving family.

When a massive fight breaks out between Gran and Ma, the girl and her mother are forced to leave.

Having nowhere to go, the girl and her mother bounce from place to place trying to find somewhere to live, away from the authorities.

The Girl always wanted to live in a castle, and, while roaming the streets the girl begs Ma to find her a castle to live in.

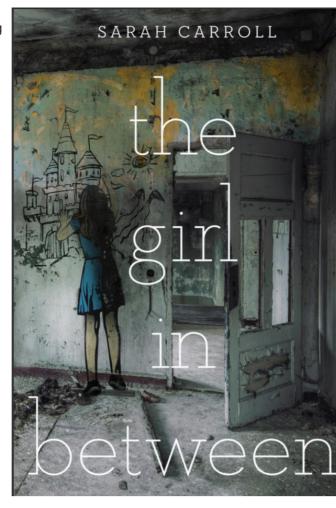
One day they stumble upon a "castle", and that's where they will live.

The "castle" that the little girl and her mother live in isn't your ideal castle, it has worn-down machines, rusty floorboards, and dirty walls.

It is in poor condition, yet the little girl thinks the place is beautiful.

Throughout their life on the streets, Ma and the girl need to be invisible, never to be seen by the men in yellow vests.

One misstep and the girl could be caught by one of



these men never to see Ma again.

Everyday Ma goes out and begs for money. She rarely gets enough money to buy food and water.

To add on top of that Ma is an alcoholic. All spare change goes towards alcohol to soothe Ma's cravings.

The girl starves for days because of her Ma's alcohol issues.

"The Girl In Between" is told through the eyes of the girl.

Because it is told through first person, her name is never specified. This could cause some confusion for some users and it takes getting used to.

Reading this book gave me a perspective of what it was like to be homeless.

Knowing the struggles of what it is like to be homeless you really start to empathize with these people.

"The Girl In Between" is a very powerful book, and I suggest everyone read it.



By Ashley Gaccetta, 13, a CK Reporter from Longmont

Love those backyard chicks - at a distance!



Photo/Herbert T.

ook at that picture of adorable little baby chicks. Don't you just want to pick them up and hold them and feel their soft, fuzzy little feathers? Now look at that map from the Center for Disease Control and Prevention. It shows where people have been catching salmonella from carelessly handling

chickens. Colorado could be worse, but that color indicates that a large number of people have been getting salmonella here, and health experts suspect that it has a lot to do with the popularity of backyard chickens.

Salmonella is serious, and while most people only have a nasty case of diarrhea and vomiting from it, it can be fatal, particularly for little kids, old people and anyone whose immune system is weak.

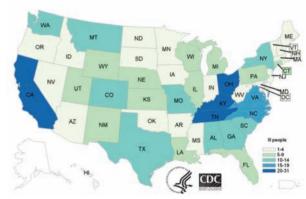
The CDC is warning people about backyard chickens for a particular reason: Nearly half the cases they saw in their study were in people who admitted they had been "snuggling" baby chicks, and 46 percent said that they let their chickens walk around in their houses.

That kind of close contact with chickens, geese and ducks is a bad idea, the CDC warns, because poultry often have the salmonella bacteria on their feathers.

More than a third of the people who got sick from chickens were under five years old.

The CDC particularly warns against letting your chickens get near your food, which not only means they don't belong in your kitchen, but that you should keep your picnic table and barbecue area in a part of the yard the poultry doesn't share.

This doesn't mean you can't touch your chickens, but it does mean that they belong out in the chicken coop and you should wash your hands after you People infected with the outbreak strains of *Salmonella*, by state of residence, as of May 25, 2017 (n=372)



handle them.

And while it's okay to hold them if you wash up afterwards, snuggling them against your face or body is not a good idea at all.

There are also simple but important rules about handling fresh eggs, because the salmonella bacteria can also ride along on them. (*Don't wash them; brush them off.*)

For more about those cute chicks and not-so-cute salmonella, catch the links at *ColoradoNIE.com*





On this date in 1774, Rhode Island became the first British colony to outlaw the importation of slaves, so our answers this week will begin with "J" for "Justice."

		6			
	1				
				3	6
1			4	5	

Rules: Every row across, every column down and each of the six smaller boxes must contain numerals 1,2,3,4,5 and 6, one time and one time only. The solution to this week's puzzle is on Page 4.

- 1. Jupiter's wife
- 2. The capital of Alaska
- **3.** The president on the \$20 bill

4. This town, the county seat of Sedgwick County, is just below the Nebraska border at the northeastern corner of the state and thus the northernmost town in Colorado.

5. The playing card between the 10 and the Queen, sometimes called "The Knave;" in a nursery rhyme, he stole some tarts.

6. You would need this tool to lift your car up in order to change a flat tire.

7. Laura Ingalls' faithful dog in "Little House in the Big Woods, "Little House on the Prairie" and "On the Banks of Plum Creek."

8. An imaginary animal that is a cross between a pronghorn and a rabbit.

9. Kingston is the capital of this island nation in the Caribbean Sea.

10. A hot, green pepper often pickled, sliced and served with melted cheese on nachos.

(answers on Page Four)

School's out, but kids can still find meals this summer



School meal times, whether breakfast or lunch, can be a fun time to get together with friends, but, for some kids, those meals are the best nutrition and the only food they'll get all day.

So when school is out, it's very important that those meals keep going throughout the summer.

Fortunately, there are many places where people under 18 can get breakfast and lunch, even if they can't pay for it. But what good is that, if kids don't know where to find those good, nutritious free meals?

Here are two ways you can find free meals in any community:

One is to text FOOD to 877877. You'll be asked your ZIP Code and then told the closest place that is serving food this summer.

Another is to go to the USDA's interactive map, put in your address and tell it how many locations you'd like to find: https://www.fns.usda.gov/summerfoodrocks In the illustration at the left, we used the Denver Post's address and asked for 25 locations.

As you can see, we found out that there were plenty of places for kids to get breakfast and lunch in downtown Denver.

Both the map and the texting work anywhere in the country, and here's something else: These meals are for any kids, and, if you have a friend who could use free food, maybe they're hungry for a little company, too. Map/USDA

Beyond These Pages!

Hot Links to Cool Sites!

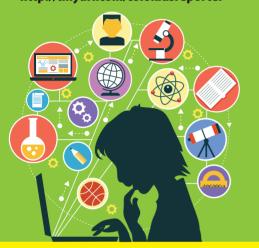
NASA's Space Place http://tinyurl.com/ckspace

NIE Special Report http://tinyurl.com/ckniereport

Headline Geography http://tinyurl.com/ckgeography

Pulse of the Planet http://tinyurl.com/ckpulseplanet

How to become a NextGen Reporter! http://tinyurl.com/colokidsreporter



To read the sources for these stories

Summer Food Chickens and Salmonella Super Antibiotics go to http://www.tinyurl.com/ckstorylinks

Sudoku Solution

2	3	1	5	6	4
5	4	6	3	2	1
6	1	3	2	4	5
4	2	5	1	3	6
1	6	2	4	5	3
3	5	4	6	1	2

Tommy and the Guttersnipe

Chapter Six: A Proper Wash-Up

Our story so far: Tommy and Baby Jake met a man who loaned them money to buy papers to sell, and also gave them money to buy food for Tommy's family.

hen they got to Tommy's home, he did something he'd never done before. He lied to his mother.

If he told her about the boys ruining his newspapers, she might be worried and not let him sell papers the next day. And if he told her about the wallet, she might not let him work with Baby Jake anymore at all.

It was important that he earn money the next day, and Baby Jake could help him do that.

For now, he pretended he had sold a bundle of papers, and had fifty cents for tomorrow's papers, and fifty cents for groceries. Later, when she was used to him working, and when she knew Baby Jake better, he would tell her the truth.

He and Baby Jake put the food on the table in the little kitchen, bread and milk and potatoes and bacon and a small head of cabbage.



And there was one more thing, a can of peaches. Bridey loved peaches, and they hadn't had any in a very long time.

His mother smiled at the peaches.

"You're a sweet boy, but next time, bring the money to me and I'll get the groceries," she said, then paused. "Though I don't know where, now that Goldstein's is burnt."

"We went just around the corner," Tommy said. "Anyway, I thought you didn't like Mr. Goldstein."

"He's not the most pleasant person," she said, "but still, I wouldn't wish that on anybody. They say someone set the fire, just before dawn. You didn't see anyone on the street when you left this morning, did you?"

"Just Jake," Tommy said. "He was waiting for me."

Mrs. McMahon looked at the ragged little boy. "And where do you live?" she asked, and Tommy held his breath.

Baby Jake didn't reply and she just shook her head. "Well, I suppose that's not your fault then, is it, you poor little fellow? The good Lord knows, we're not so high above you. You'll stay here tonight, anyway. Now, you boys get washed up."

Tommy and Baby Jake went out on the landing between apartments and began to fill the bucket at the tap in the big metal sink.

"This is fine!" Baby Jake said. "Right outside your door!"

"They fixed it last month," Tommy said. "It was broken most of the winter, and the toilet, too. We had to go all the way down to the cellar. But it's better than some. That's why I have to make money. We could be in a place with no water at all, just out back."

"This is as good as the Newsboy's Lodging House!" Baby Jake said, as Tommy brought the bucket of water back into the kitchen. "I go there when I want a proper wash-up. Can't get that on the street."

"You can have a 'proper wash-up' here, if you'd like" Mrs. McMahon said. "There's plenty of time before dinner. Tommy, get the tub for your friend."

"That'd be swell, ma'am!" Baby Jake said, and Tommy pulled the metal washtub from under the kitchen table.

"In fact," she said, and looked him over. "Come here, Jacob." She tugged at the long sleeves of his shirt, unrolling them. "While you're taking your bath, I can fix up this shirt so it fits you right. I didn't make it for someone your size, you know."

"No, ma'am," Baby Jake agreed shyly. "But it's a nice shirt! I like it fine!" "You'll like it even better when you aren't tripping over it," Mrs. McMahon declared.



"Now, you boys go fill another pail and I'll heat up some water for your bath," and she lifted the full pail up onto the stovetop.

* * *

By morning, Baby Jake's shirt fit him, and he also had a pair of knickers that Tommy had nearly outgrown, which Mrs. McMahon had shortened up to fit him.

What was more important was that they agreed that, instead of splitting the money with Tommy for helping him sell papers, Baby Jake would get room and board at the McMahon's. And, as soon as there was enough money, he'd also get a new pair of shoes to replace the split and tattered pair through which his toes were poking.

They were at the Morning Clarion by four-thirty and Tommy bought a bundle. On the way back to the bank, Baby Jake carried the bundle while Tommy read the paper by the lamplight along the way.

"If you see a banker or a businessman? There's a story about the silver coinage on Page Three," he said. "And for women, there's a story about Sarah Bernhardt, right on Page One. " By the time they were ready to start selling, Tommy had picked out seven stories that would help persuade people to buy that day's Clarion.

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For a teaching guide, go to http://tinyurl.com/ckserial

ColoradoKids

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Stories without bylines were written by the editor.

