



Photos at DAM tell of hardship

Regardless of whether people intentionally listened for it in the news or not, the horrors that have been happening in Africa and the Middle East are well known.

"Common Ground Photographs," a new show by Fazal Sheikh at the Denver Art Museum, features over 170 photographs from displaced and marginalized communities.

Through these portraits, visitors gain first hand knowledge of the situation and the story behind each one.

"There are more than 65.6 million refugees in the world. . . numbers like that are incomprehensible" says Eric Paddock, curator of the exhibit.

Many people fail to realize just how many people are involved in this great ordeal, but, through Fazal Sheikh's photographs, viewers will realize what it is like to live a life as a refugee.

Unlike most of the media that got their photos and left, Sheikh often stayed at a camp for months at a time in order to really get to know the people and hear their stories.

"There is a real connection between the photographer and the people," Paddock said. "You can feel the tenderness."

Beside each section of photographs is a theme such as "Ether" or "A Camel for the Son."

One theme that really stuck with me was "Moksha" (a belief in India).

It is like enlightenment, except, instead of being more knowledgeable of the world around you, you were freed from your past and loved and saved by Krishna.

A widowed woman is almost shunned by society and the only place where she could really feel safe and less alone was a place called Vrindavan.

Thousands of women, widowed or just outcast, would journey there, sometimes with only 500 rupees



photo/Natalia Goncharova

(less than 8 US dollars), trusting that Vrindavan would bring them comfort and safety.

There, they would chant for 8 hours at a time and beg on the streets for money to pay rent.

The photographs tell the separate stories of the hardships these men and women face, and I took several lessons away from this exhibit.

We are all built on common grounds and share common values, no matter the environment we live in.

Life should be valued everywhere, and just because a person lives in poverty, it doesn't mean that they are

worth less than a person than someone wealthy.

We never know where life will take us, so don't take what you have for granted and respect others.



By Natalia Goncharova,
14, a CK Reporter
from Fort Morgan

Spice up a weekend or vacation at Jim Creek



Winter Park has many places that you can relax, but most people want to get active too.

Jim Creek is a perfect place to do this. This 3-mile hike winds near a flowing river and through many beautiful forests, and ends at a breath-taking waterfall.

It's a great scenic trip for family and friends.

Jim Creek allows dogs and there is plenty of water for them to play in along the way.

When we took this hike, there were not that many people which made it very peaceful.

There are also many places that were good for eating a quick lunch.

This trail was a lot of fun to hike. There were lots of wildflowers, which was very cool because you could get in touch with nature.

There were, however, some places where it was uphill and a little hard to go and there were also some places where the trails were not marked very clearly.

I think this trail is good for children but it might be a little too long for them. I also think that it might not be the best for elderly people considering how long it is and the elevation.

Before you go on the trail there is a sign that tells you what to do if you see a bear or a moose, because they are very common in that area.

For the hike you should bring some sunscreen, because there are some parts where there is direct sun, and extra water, since you are starting out at an elevation of about 9,052 feet.

Hiking or sturdy shoes are also recommended, because there are some spots where you need sturdy shoes to make sure you don't fall.

And bring a sun hat, because there is a lot of sun, and a extra layer just in case it gets cold.

Overall this was a breathtaking, fun hike and I think a lot of people would enjoy it.

It is a one way hike so there and back it was a little bit longer than 6 miles, but the work to get to the water fall is really worth it.

No matter if you're looking for a quick hike or something to do on a vacation, Jim Creek is a great stop where you can get in touch with nature.



By Katherine Gagner,
12, a CK Reporter
from Boulder

photo/Victoria Gagner

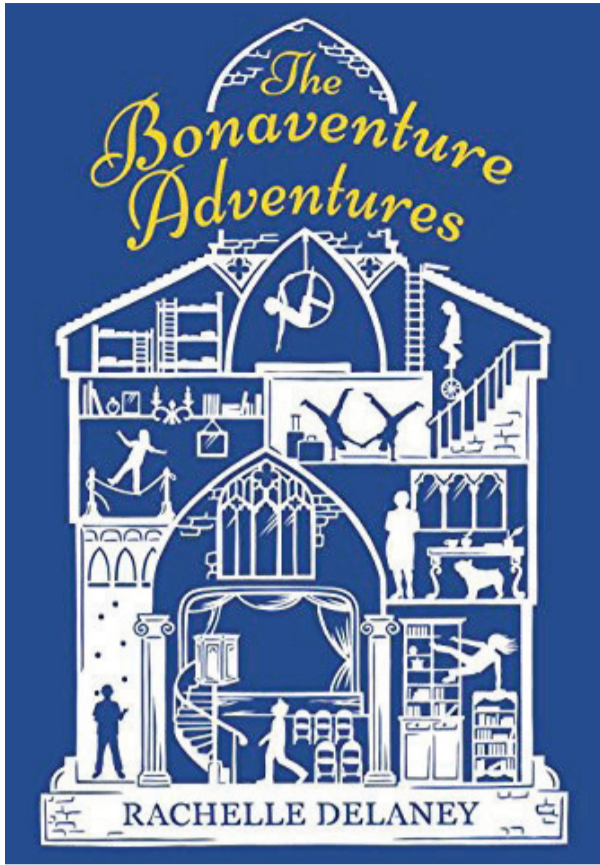


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Friendships, hardships, relationships



The Bonaventure Adventures” by Rachelle Delaney is a wonderful book about the great adventures of a boy with an interesting family.

Sebastian Konstantinov comes from a line of world known circus performers that travel the world with a fantastic performance ready to impress anyone willing to watch.

But what happens when he finds out that his beloved circus is simply not interesting anymore?

This book tells about the chances Seb is willing to take in order to return to his home.

It’s a tale of friendships, hardships, and relationships.

The author does an excellent job of keeping the vocabulary simple, yet having beautiful descriptions that are clear and to the point. The book reads smoothly and the plot moves rather quickly.

The author gives brief character descriptions that are further explained as the book progresses.

The reader has to remember very few characters, though some background figures also appear in the story.

The plot of this particular work moves rather quickly. Considering that this book is a little under 300 pages, the author does an exceptional job of including the conflict, climax, and resolution while describing them in fair detail.

One thing that stands out in the book is that besides English, a few French words can be found within the book.

Because most of the story takes place in Montreal, the addition of French seems logical.

‘The Bonaventure Adventures’ is a wonderful, simple story that is very pleasant and easy to read.

The amount of thought and care the author put into the style promises an enjoyable experience for anyone willing to read the book.

The author does an excellent job of keeping the vocabulary simple, yet having beautiful descriptions that are clear and to the point. The book reads smoothly and the plot moves rather quickly.



By Dunia Lushchyk, 12, a CK Reporter from Highlands Ranch

‘Losers Club’ a good choice for eager readers

The Losers Club,” by Andrew Clements, is a story following the first couple weeks of Alec’s 6th grade struggle of having an addiction to reading popular books.

It briefly explains that he struggles with keeping his mind focused on schoolwork instead of books.

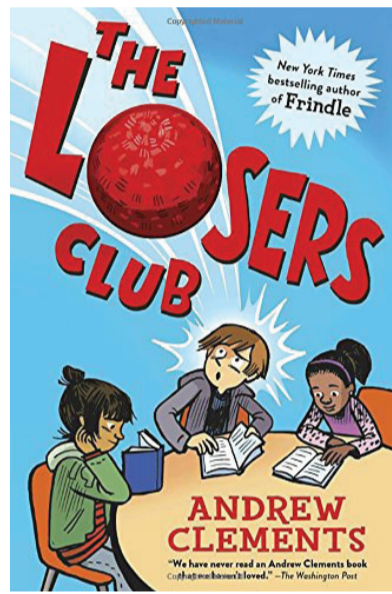
But this year his principal, Mrs. Vance, is putting an end to this by saying that if he is caught reading in class again without permission his parents will be notified.

After that first day his little brother reminds him he has an extended day after school.

There are multiple after school clubs but he wants to start a club that is just a silent space to read books.

On the down side, he needs two people to join in order to have it be a club.

After he makes the club, more people begin to come and he starts to have more issues with the group.



This story was one of the best books I’ve read all year. The story kept me reading until I was done.

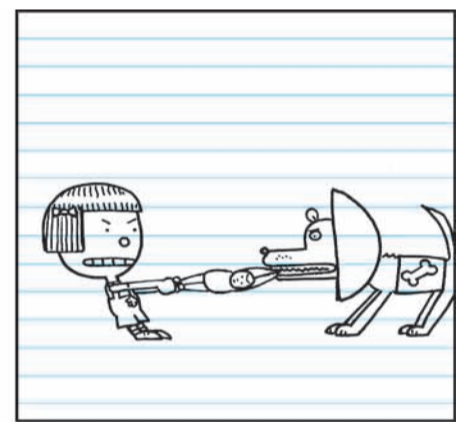
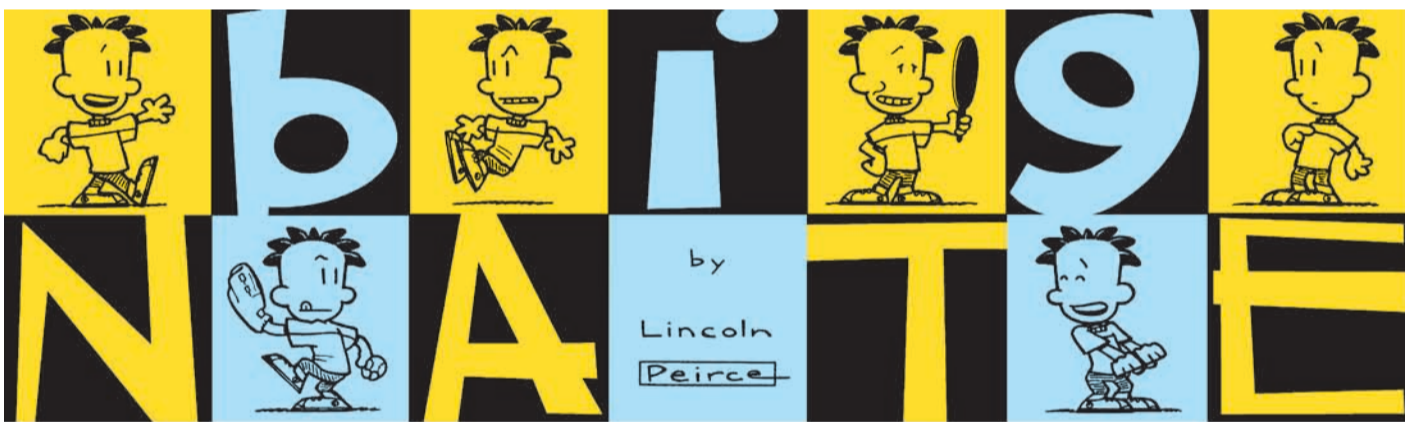
Plus, within this book there are other book titles that I have read. What I mean by this is the books that his club reads are actually real books and I’ve read a lot of them.

It was a perfect fit for my age and I think anyone younger would have also enjoyed this.

I recommend this book to anyone that wants a different type of school story or even if you just like to read!



By Edward Jeffers, 12, a CK Reporter from Evergreen



Some good news from the homeland of the Bongos

The sweet baby in this picture is Fern, one of the five Eastern Bongos living at the Denver Zoo, and it was taken when she was first born in 2016.

Fern’s a big girl now, but some other babies are capturing the attention of Bongo lovers: Four of the rare antelope were recently born in their homeland of Kenya.

That’s very good news, because Eastern Bongos, also known as Mountain Bongos, are critically

endangered and, while there may be 20,000 of their cousins, the Lowland Bongos, there are fewer than 250 adult Eastern Bongos in the wild.

Antelope experts say there are now more Eastern Bongos like Fern living in zoos than there are living in the wild.

Adding four calves to the wild population makes a difference, Kenyan wildlife authorities said, because the Eastern Bongo is

threatened by unrestricted hunting, poaching, loss of habitat and illegal logging in the forests where its stripes help it blend into the dappled lighting.

The new Bongos live in the Mt. Kenya Wildlife Conservancy, part of a massive game farm that includes the world’s largest Bongo herd, numbering 84 with the addition of the youngsters.

For a look at a Bongo, go visit Fern and her herd! photo/Denver Zoo



The true story of a true Sept. 11 hero

"The Red Bandanna" by Tom Rinaldi is about a 9/11 firefighter who had wanted to be a firefighter his whole life.

Welles Crowther had been trained to be a firefighter, but was just trying to transition into the job when he died in the Twin Towers; he had been hired but had not yet started.

He had a lively spirit. He would be in the office and before you even asked he'd be like 'yes, I'll help.'

Welles had some funny stories, especially from when he was in college.

From when he was a little kid to an adult, he always wanted to be a firefighter.

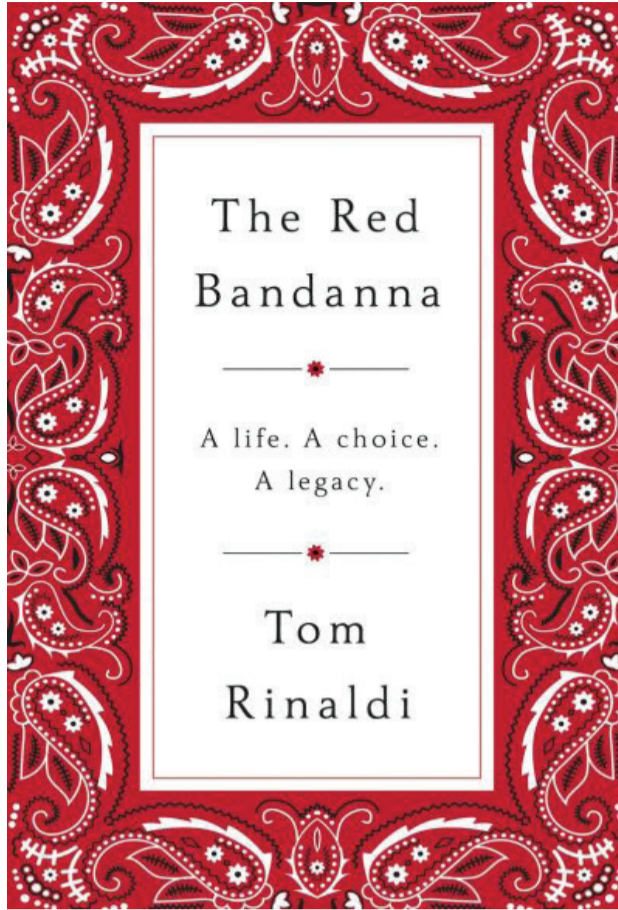
On one of his first Christmases one of his only gifts was a red bandanna and the other was a red fire truck that he rode around his living room.

He kept the red bandanna on him everywhere he went.

Welles Crowther was working in the South tower on September 11th. He saved many people.

On 9/11 he yelled out to everyone "if you can walk, follow me and bring someone that cannot walk with you." He led 3 groups of people down 67 flights of stairs.

Once he got to the level with clear air he'd go back up into the fire and guide another group down.



Two of them remembered him and tried to find out who he was and where he lived. However, he had died saving them.

They know he saved these people because of witness records and because his body was crushed near the entrance meaning he could have escaped had he wanted to, but he chose to stay.

The book was written from the perspective of Barack Obama telling a story to a council of people from the 9/11 tragedy.

This storytelling type of approach was a bit hard to read because it was emotionally intense – mainly intense sadness.

The scenes are described with a lot of details that make them feel real, and so this is for slightly older kids because of the content.

I am glad that I read the book though.

He was a good man, and, in my mind, a definite hero.



By Ben Vanourek, 12, a CK Reporter from Littleton

With school open, computer safety matters

Back to school means remembering old rules about things like getting up on time in the morning, packing the right supplies and books in your backpack and keeping your computer information safe in an often-crowded setting.

Whether you have your own computer or use computers in a classroom or lab, there are many more chances to make a mistake at school than there are at home.

It's a good time to review some common sense ways to protect yourself and your computer.

If your school gives you a laptop, you probably have to live with whatever software they have on it, but, if you have your own computer, make sure you've got the most current version of that software.

This isn't just so you have the coolest bells and whistles: Software updates also patch bugs that allow hackers to get in, they fix little things that can make programs crash, freeze or otherwise misbehave.

It's good to be curious, but it's necessary to be smart: Don't download games and apps from places you don't know and trust.

If your friends say they have something you just have to see, see it on their computer and let them risk downloading a virus or malware. (*Do you have good anti-virus protection? Make sure that's updated to spot the latest threats!*)

Shoulder-surfers are a bigger risk in coffeeshops and other public places, but



(Photo/Franz Wald)

they also appear in schools. That's the person who watches over your shoulder as you log in, to steal your user name and password.

Keep an eye out for anyone who seems to be lurking behind you, and try to type in your passwords quickly and perhaps with your free hand over the keyboard.

Another important tip is to log off if you have to leave a computer for a few minutes. It might be funny for a friend to post "I love pickles and ice cream!" as if it were you, but a bully might post something far more harmful.

It's also not funny if someone sneaks on to your computer and steals your homework while you're away.

Remember to be careful about sharing personal information on-line.

Until you are 14, you're not supposed to be signing up on sites that ask for personal information, but you should also remember that IMs, email and other private messages don't always turn out to be very private.

And remember, too, that people at the other end of those private messages might not be who they say they are. Virtual friends are fun, but don't give virtual friends real information like your address or phone number.

Finally, make sure you know your school's computer rules. Not only will they keep you safe, but breaking them could get you in trouble, and not "virtual" trouble.

Sudoku

	1				
		3	1	6	
			2	5	
	2	1			
6		5			
				3	5

Rules: Every row across, every column down and each of the six smaller boxes must contain numerals 1,2,3,4,5 and 6, one time and one time only.

The solution to this week's puzzle is on Page 4.



Brainteaser

Senator Cory Gardner is 43 years old today, so our answers will each begin with the letter "Y" for his hometown of Yuma, Colorado.

- The part of an egg that provides food for the animal growing in it.
- A bar placed across the necks of a pair of oxen, with two U-shaped bows to hold it on their necks, so that they can pull a wagon or sled.
- The longest river in Asia, it begins in Tibet and then flows through China.
- 36 inches, or 0.9144 meters
- A traffic sign that tells you to stop and let other vehicles go first
- Early leader of the Church of Jesus Christ of Latter Day Saints (Mormons), he was also the first territorial governor of Utah.
- Though it's actually the proper name of a different kind of tuber, this word is often used in the United States to mean a sweet potato.
- Type of exercise developed as part of a Hindu spiritual practice, it's often used today simply for physical fitness and flexibility.
- A small, round hat often worn by Jewish men and boys
- This relative of cattle provides milk, wool and meat for people in Tibet

(answers on Page Four)

Kids' sleep studied for possible link with Type 2 diabetes

With school just starting, this might be a time when kids begin to pay a little more attention to how much sleep they get each night.

Scientists at the University of London have been watching just that, and they think they may have found a link between how much sleep kids get at night and their health.

They studied about 5,000 kids who were nine or 10 years old, taking their weight and testing their blood for certain things.

And they asked them when they went to bed and when they got up on a typical school night.

They found that the kids averaged about ten and a half hours of sleep a night, but they found

that many who were at the low end, who only got perhaps eight hours of sleep, had health issues often tied to the development of Type 2 diabetes.

Type 2 diabetes is the kind you aren't born with, but that develops later and is often seen in people who are overweight and whose bodies don't digest sugar very well (or who eat so much sugar that their bodies can't handle it well.)

The kids who got less sleep were often overweight, and their blood tests suggested they might one day develop diabetes.

It's recommended that kids get nine to 12 hours of good sleep each night, starting by ending screen time an hour before bed. photo/woodleywonderworks



Beyond These Pages!

Hot Links to Cool Sites!

NASA's Space Place

<http://tinyurl.com/ckspace>

NIE Special Report

<http://tinyurl.com/ckniereport>

Headline Geography

<http://tinyurl.com/ckgeography>

Pulse of the Planet

<http://tinyurl.com/ckpulseplanet>

How to become a NextGen Reporter!

<http://tinyurl.com/colokidsreporter>



To read the sources for these stories

Eastern Bongos

Computer Safety

Sleep and Diabetes

go to <http://www.tinyurl.com/ckstorylinks>

The Path to Freedom

Chapter Six: Building Up To The Battle

(Luke and Sylvie Van Gelder have gone with the local militia to help the Americans stop General Burgoyne's invasion. As the British draw closer and autumn begins, the chances of a major battle become much greater.)

Some weeks passed, and the Americans' Northern Army grew as the Congress let General Washington send more troops.

The patriots were now camped where the Mohawk and Hudson rivers met.

There were small fights here and there when British and patriot groups ran into each other, but the only real battle had come some weeks ago in Bennington. That had been an unexpected defeat for Burgoyne's army.

A large group of Germans had been sent there for horses and grain but ran into New England militia instead and were soundly thrashed.

It was not only a shock to the British, but cost Burgoyne a large number of his Hessian soldiers, as well as their leader, killed in the fight.

It also made him think that he should cross from the east bank of the Hudson to the west as he led his army towards Albany. As long as he stayed on the east bank, the New England militias repeatedly attacked his men.

But the west bank was not much more friendly, and, as the Northern Army grew, the best change for Luke and Sylvie was the arrival of Colonel Daniel Morgan and his riflemen.

These Virginia backwoodsmen were tough, experienced soldiers and their long rifles were deadly accurate.

Sylvie was pleased when Luke and the horses, David and Jonathan, went out with a half-dozen of Morgan's men to watch over them, and Luke admitted it made him feel safer, too.

There were still moments, however.

When a rifle cracked in the brush nearby one day, Luke moved cautiously to the other side of the horses, who were hauling a load of wheat from an abandoned farm back to the American camp.

Moments later, however, one of Morgan's men came out of the bushes holding up a fat rabbit by the hind legs. "Got some stew for your sister," Seth Baker said. "Did Jonathan jump?"

"No, but I did," Luke said. "You scared me half to death!"

Seth laughed and hung the dead rabbit from a corner of the loaded wagon. Then he patted Jonathan on the shoulder. "You're getting to be as bold as your partner here," he said.

"He's used to us hunting," Luke explained. "One or two shots won't spook him. It's that rattle of muskets when a bunch are going after each other that bothers him."

Seth gave Jonathan another pat and reached up to scratch his ear. "Well, we can't all be war horses, there, Jonny boy ..." he started, then paused. "Hold on now."

Luke froze as Seth sighted his long rifle up the hill to the left of the road. He cocked his hammer, held his breath and slowly squeezed the trigger.

"Got him!" he said, and Luke saw the other five riflemen come out of the bush at the sound of the shot.

"Got another rabbit!" Seth called out. "Y'all come over to Sylvie's for dinner. We got enough stew for everybody now!"

The men laughed, waved and disappeared back into the woods. Seth reloaded his rifle, then started up the hill to retrieve the second rabbit.

"We're only half a mile from camp," Luke called after him. "We're going to find them all up and armed, thanks to you!"

"Well, it's good practice for them," Seth shouted back.

Sure enough, at sunset, the other men from the patrol gathered at the Van Gelder camp for dinner.

It was not uncommon for them to drop by: Several of Morgan's men found excuses to stop at the camp, and Sylvie did extra laundry and mending for them, in return for the wild game they brought for her popular stew pot.

Morgan's Riflemen were rough frontier types, but, while some called her "Miss" and some of them called her "Ma'am," they all treated her with respect. If Sylvie felt safer about Luke when the riflemen went out in the field with him, Luke felt safer about Sylvie, too, knowing that these tough, gentle woodsmen stopped by the fire so often.

That evening, the New York militia came in from two days patrolling and John Van Gelder joined the circle at dinner.

"Looks like we'll be moving again, and maybe for the last time," he said. The riflemen and his children all paused to hear what he would say next.

"Gates is setting up on a hillside over the Hudson," John Van Gelder continued. "It's steep enough to be hard to attack, and he can plant cannons there to sweep the river and the road, too. He'll have Burgoyne blocked, land or water."

"About time," Seth Baker said. "I know y'all Dutchmen liked your General Schuyler, but Granny Gates wants to fight and so do I. Enough of this pickin' at each other."

John Van Gelder shrugged. "Congress wouldn't give Schuyler any troops. It's better now with their favorite, Gates, in command. Besides, Burgoyne's getting worn down. If he had any sense, he'd go back to Ticonderoga, send for reinforcements and wait for next spring."

Baker nodded. "From what his deserters tell us, they're running out of food and running out of men. They're still a good, tough army, but there's fewer of them now than when they started out."

Sure enough, four days later, Luke found himself driving David and Jonathan up the hills at Bemis Heights with material for the coming battle, then loading their cart with grain and vegetables from the abandoned farm to take back to the American camp.

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For a teaching guide, go to <http://tinyurl.com/ckserial>

Sudoku Solution

4	1	6	5	2	3
2	5	3	1	6	4
3	6	4	2	5	1
5	2	1	3	4	6
6	3	5	4	1	2
1	4	2	6	3	5

Brainteaser Solution



(see Page Three)

10 right - Wow!

7 right - Great!

5 right - Good

3 right - See you next time!

1. yolk 2. yoke 3. Yang-tze 4. yard 5. yield 6. (Brigham) Young
7. yam 8. yoga 9. yarmulke 10. yak

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