Next Week: Cracking the

word code

Sayings We Share



Mini Fact:

"Don't look a gift horse in the mouth" means be grateful and don't find fault with what you're given.

Going to bed

early makes

you rich?!

Not quite.

This saying

encourages

healthy

habits.

Do you hear adults repeating phrases, but you're not always sure what they mean? If you ask, they may say, "That's just an old saying."

Our language has many familiar phrases that people have passed down for generations. Let's explore some of them and dig into their meanings.

> Let's cross that bridge when we come to it.

• This funny

saying is

about being

patient and

on things

happen.

before they

not counting

• This has nothing to do with crossing a bridge. It means, let's be patient and not worry about this until we need to.

Don't count your chickens before they've hatched.

Actions speak louder than words.

 People who say one thing but do another may need to remember this saying. It encourages reliability and integrity, or honesty and sincerity.

Early to bed and early to rise makes a person healthy, wealthy and wise.

 Like a similar saying, "Make the best of a bad situation," these words encourage people to find

Never put off until tomorrow what you can do today.

something good, even

when things seem bad.

• This simple saying reminds us that if we don't try, we'll never know what we can achieve.

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When life hands you lemons, make lemonade.

> Followers of this "rule" stay organized and get work done on time. They are reliable; they can be counted on.

Nothing ventured, nothing gained Sometimes things don't go your way, but instead of complaining about them, try to work toward a solution.

CELEBRATING 50 YEARS!

It's better to light a single candle than to curse the darkness.

Laughter is the best medicine.

• Of course, when we're really sick, we need medicine. But this saying reminds us that laughing makes us feel better, too.

If you can't say something nice, don't say anything at all.

 Speaking in a negative way, especially about another person, is never a good idea. It's better to keep such thoughts to yourself.

Resources

On the Web:

- knowyourphrase.com
- bit.ly/MPidioms
- theidioms.com/kids

At the library:

- "Raining Cats & Dogs" by Will Moses
- "Ack! There's a Bug in My Ear!" by Cynthia Klingel

Try 'n' Find

Words that remind us of wise sayings are hidden in this puzzle. Some words are hidden backward, and some letters are used twice. See if you can find:

ACTIONS, BRIDGE, CHICKENS, COMPLAIN, EARLY, GENERATION, INTEGRITY, LEMONS, LIGHT, MEANING, MEDICINE, NICE, PATIENCE, PHRASE, RELIABILITY, SAYING, SOLUTION, VENTURED.

ECINRELIAB ILIT EAYLRAESOLUTI NCVNYGNINAEMKP TECOMPLAI DNUKDXWLL ESRGENERAT MUEHDFISAYINGZC EGDIRBALEMONSOE



Cook's Corner

Chow-Mein Chicken

You'll need:

- 1 medium onion, chopped
- 2 celery stalks, chopped
- 1/4 cup butter
- 1 can cream of mushroom soup
- 1/3 cup chicken broth

• 1/2 teaspoon soy sauce

- 2 cups cooked chicken, shredded
- 1 cup chow mein noodles
- 1/3 cup cashews

with this recipe.

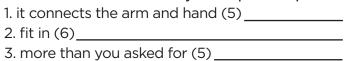
What to do:

- 1. Cook onion and celery in butter in a skillet over medium heat for 5 minutes or until soft. 2. Add remaining ingredients except chow mein noodles and cashews. Cook 10 minutes,
- 3. Pour into a casserole dish. Sprinkle chow mein noodles and cashews evenly on top.
- 4. Bake in a preheated 350-degree oven for 30 minutes. Serves 6.

help

7 Little Words for Kids

Use the letters in the boxes to make a word with the same meaning as the clue. The numbers in parentheses represent the number of letters in the solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.



4. Atlanta and Chicago (6)_____ 5. where you find letters (7)_____

6. get from working (4)_____ 7. "Replay" singer (7) _____



Answers: wrist, belong, extra, cities, mailbox, earn, Lendaya.

Mini Jokes

Jess: What did the left eye say to the right eye? James: Between you and me, something smells!

Eco Note

Japanese officials said one of the country's tiny islands has disappeared and slipped beneath the ocean's surface after gradually being eroded by the elements. Just off the northern tip of Hokkaido Island and to the south of Russia's Sakhalin Island, Esanbe Hanakita Kojima had been an important piece of real estate, allowing Japan's properties to extend farther from its mainland territory.

For later:

Look in newspaper articles and headlines for common phrases you've heard before. Do you know what they mean?

Teachers: For standards-based activities to accompany this feature, visit: bit.ly/MPstandards. And follow The Mini Page on Facebook!

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