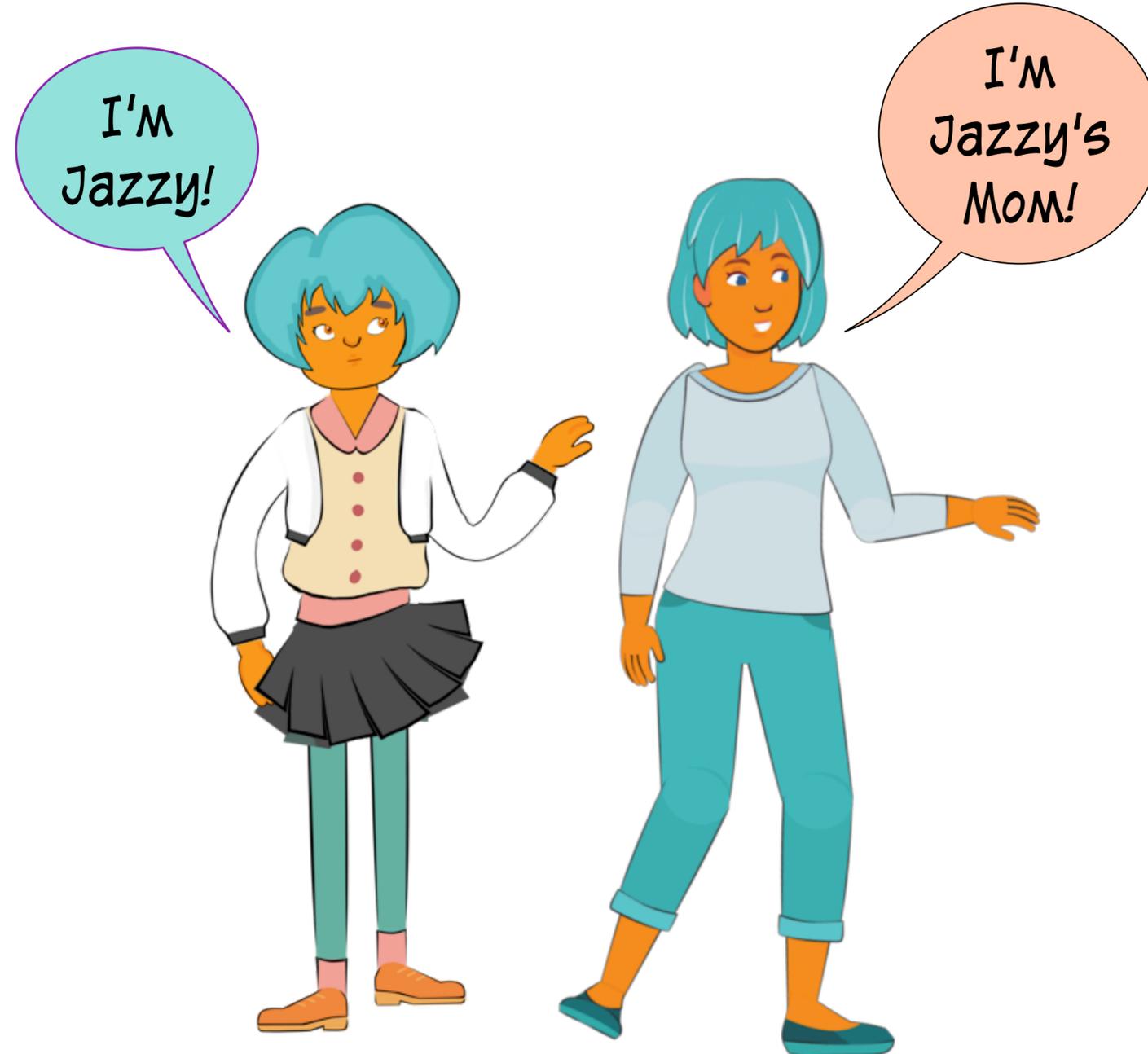




MAKING THE MOST OF MASKS

WE ENGAGE 4 HEALTH IS FUNDED BY A GRANT FROM THE NATIONAL INSTITUTES OF HEALTH SCIENCE EDUCATION PARTNERSHIP AWARDS.

CAST OF CHARACTERS



I heard vaccines for COVID-19 are out.

Will we stop wearing masks when we get our vaccine?

Even when we get our vaccine, we'll wear masks to protect other people who might not have theirs yet.

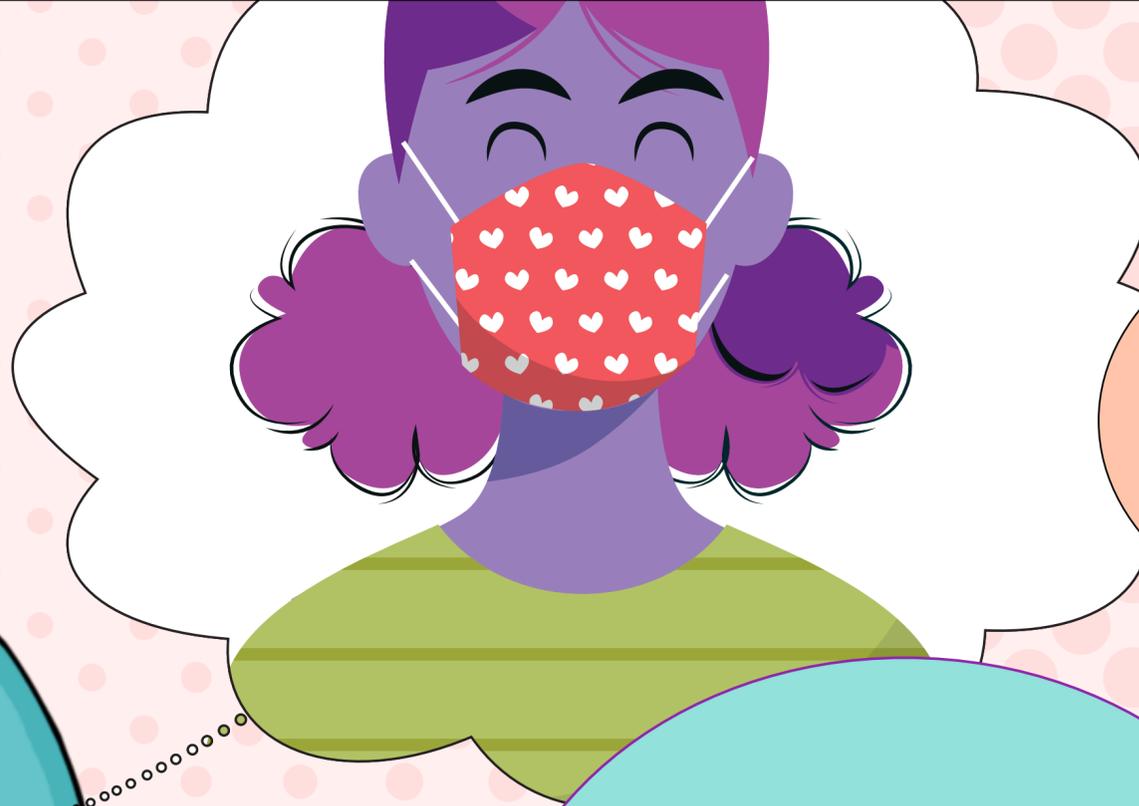
So, we'll still be wearing masks for a while!





But I'm getting
tired of masks!

Well, since masks will be
a part of our everyday
wardrobe for a while, I'm going
to buy some new masks to make
wearing them more fun! Do you
want to pick yours out?



Okay! Come and look at them with me!

Wow! I've seen people wearing masks with awesome designs. I want to show off my style too!



WHILE ONLINE SHOPPING...

Oooh! I never knew people could pick from so many designs and types of masks! I love lots of them!

Great! But we need to make sure to get the correct size, so the mask fits you properly.

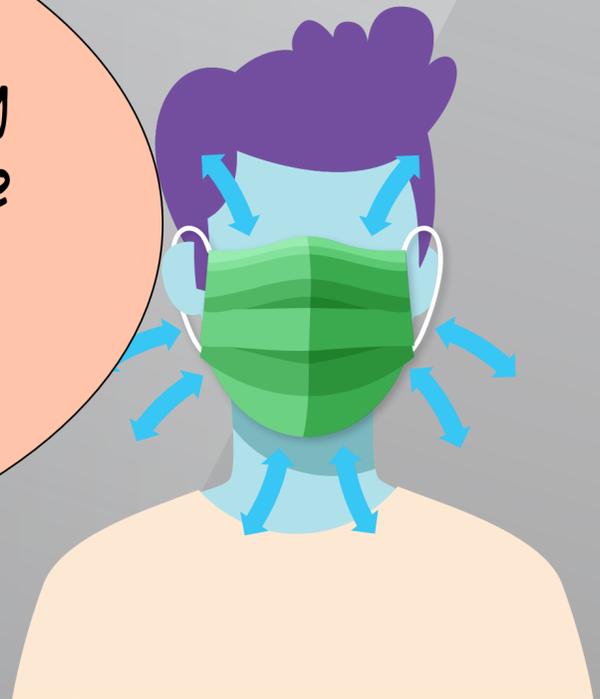


Fit me properly?
It's not a pair of
shoes! What do you
mean?

So, scientists have done
some cool experiments with
how well masks keep viruses
from spreading.

They found that masks
work best when they fit snugly
around your nose, chin, and the
sides of your face. The air you
breathe out should go through
the mask fabric.

Also if your mask
fits well you don't have to
readjust it or hold it in
place.



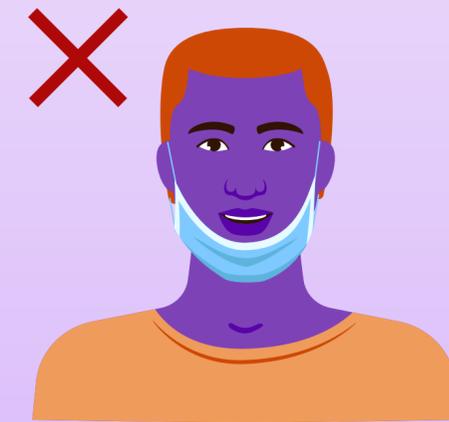
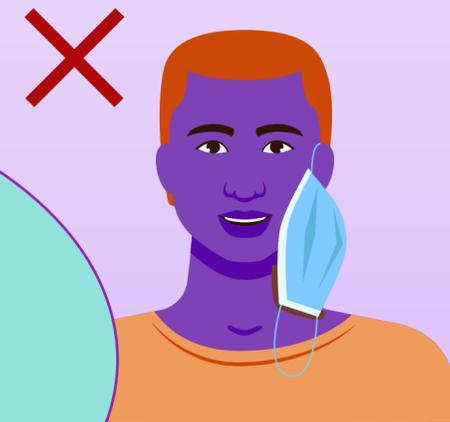
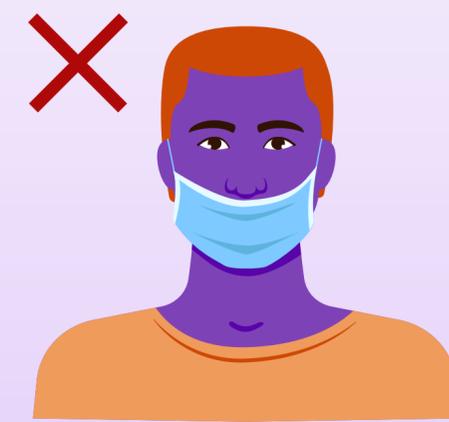
**LOOSE-FITTING
MASKS LEAK AIR...
AND VIRUSES!**



Oh, I know what you mean!
Vito's mask keeps falling down so
his nose sticks out. I keep reminding
him that he breathes in and out of
his nose, ya know?

And if his nose isn't
covered up, the mask
doesn't stop the virus.

So, then he
pulls it up, which
isn't helping him keep
his hands away from
his face!



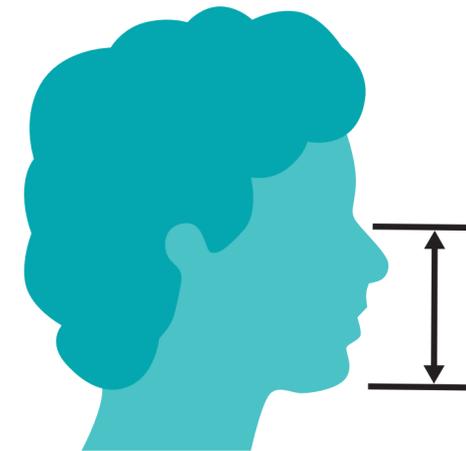


Well, I want you to have the right size mask so you don't have that problem!

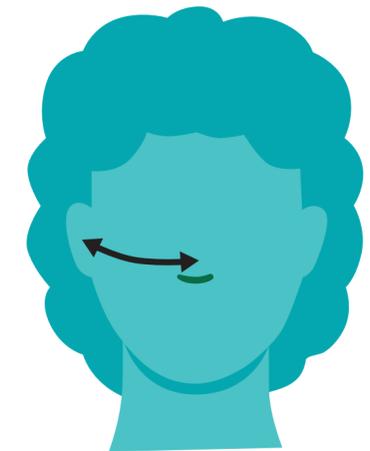
See, this website gives a guide to measure your face and pick out the right size. Here, I have a tape measure.

Cloth Face Mask Sizing Guide

Choose the size below that matches your measurements



A Measure from the bridge of the nose to the bottom of the chin

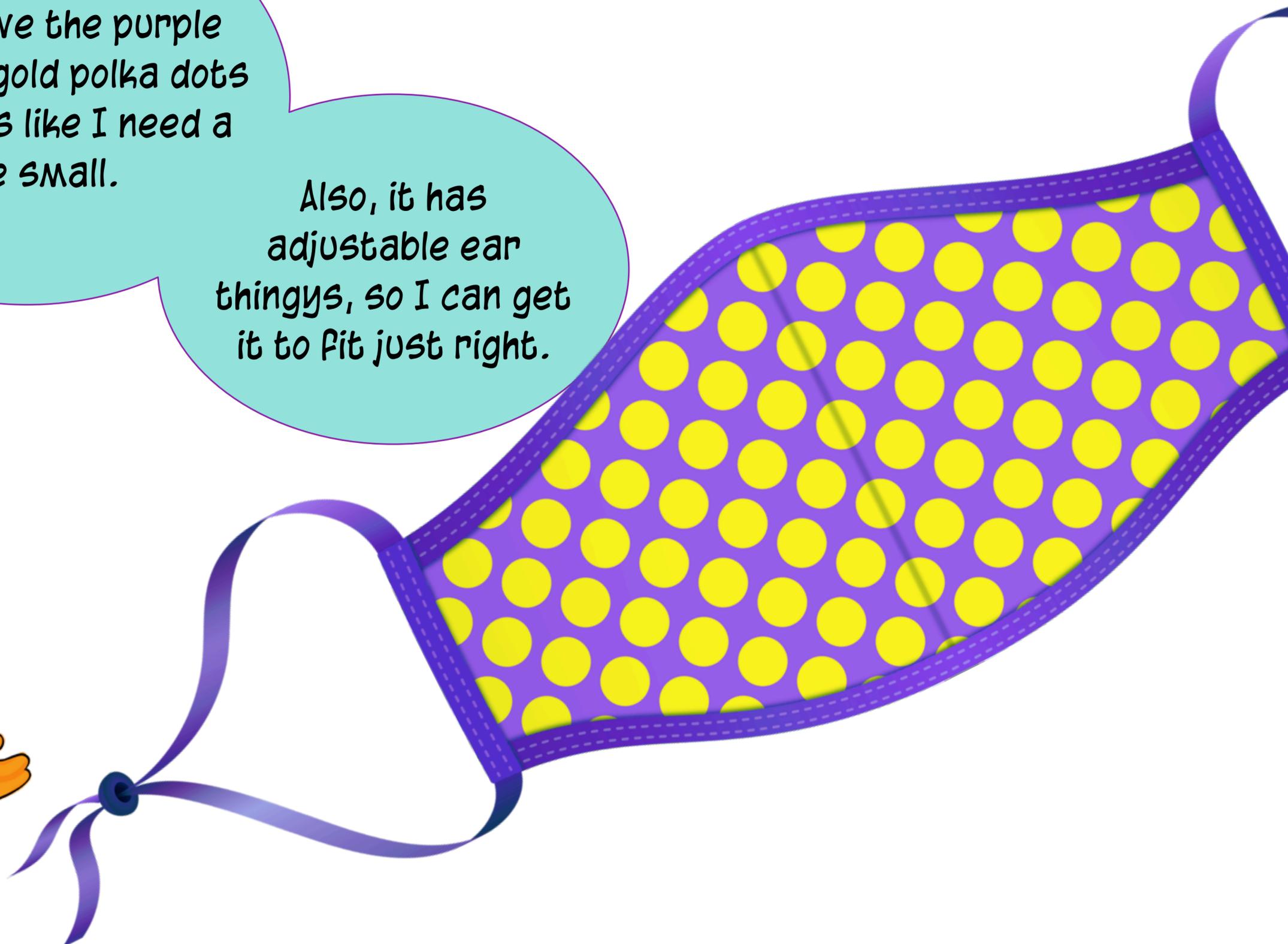


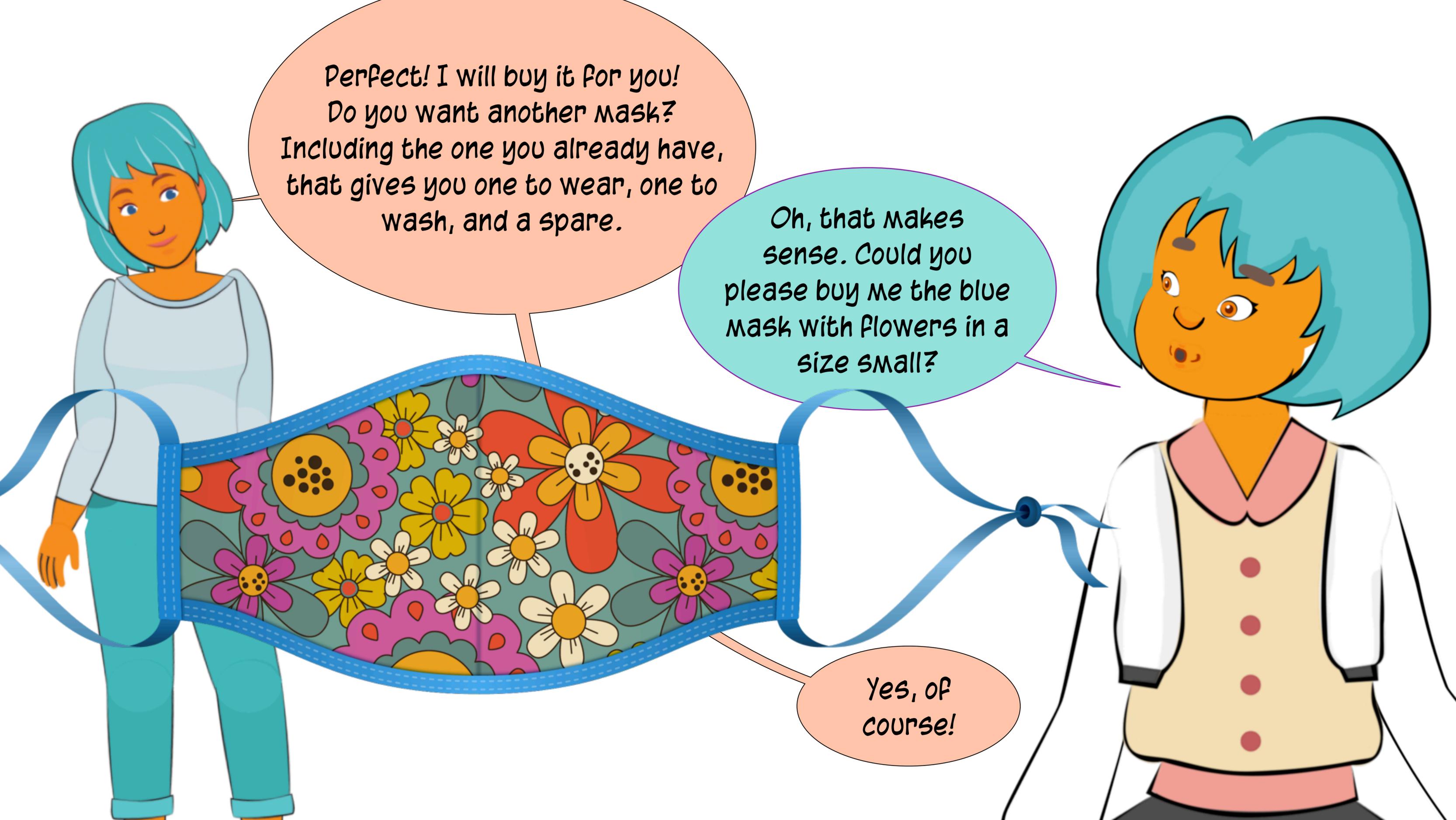
B Measure from the back of the ear to the tip of the nose



Okay! I love the purple mask with gold polka dots on it! Looks like I need a size small.

Also, it has adjustable ear thingys, so I can get it to fit just right.





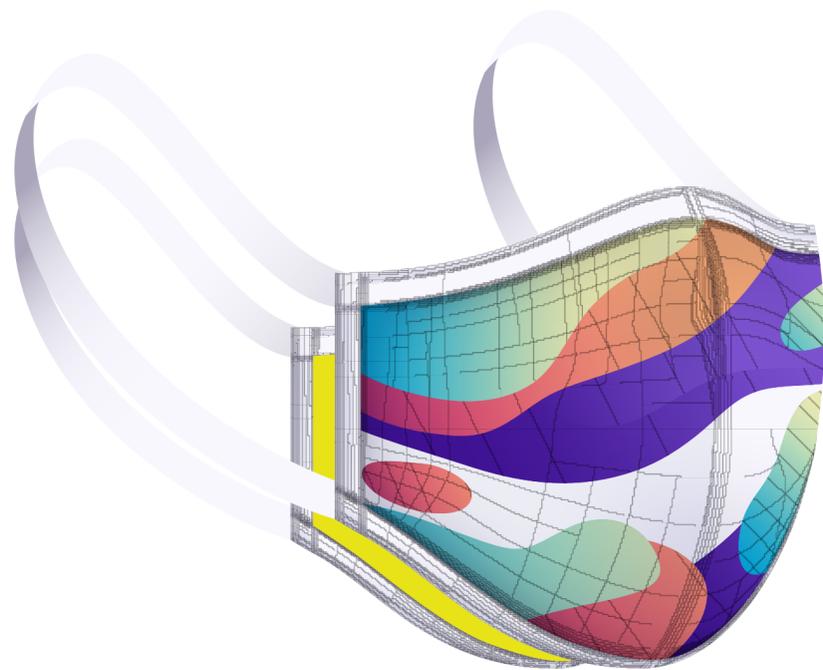
Perfect! I will buy it for you!
Do you want another mask?
Including the one you already have,
that gives you one to wear, one to
wash, and a spare.

Oh, that makes
sense. Could you
please buy me the blue
mask with flowers in a
size small?

Yes, of
course!



Plus, an extra mask gives you the option to "double mask" in case you can't avoid a crowded situation.



Double mask?? You mean wear two at a time? Its enough trouble to wear just one! Some people don't even do that!

I hear you! But some experiments have shown it works as well as the N-95 masks medical people wear. So, its good to have the option!



TWO WEEKS LATER... JAZZY GETS HOME FROM SCHOOL.

Mom! I love my new masks so much! You know we have to wear them all day at school, so I kept them in my backpack and reused them every couple of days.

I think I sweated on them and maybe drooled on them a little bit, ha! They are looking a bit dirty and the one I just took off feels damp.

Oh dear, Jazzy! You kept them in your backpack all week? Did you forget that I told you to wash your mask every day?

I have a couple of masks to wash too. I'll do it with you!



I asked Dr. Breeze about this. She said if they're damp, store them in a plastic bag until you can wash them. But don't leave them so long that they get moldy!

And... please don't forget to wash your hands with soap and water after touching your used masks!

Oops! OK, I'm going to do my homework first and then we can clean them. What should I do with my dirty masks for now?

Okay! I'll put them in a plastic bag, wash my hands, do my homework, and come back! See you soon!



A LITTLE WHILE LATER...

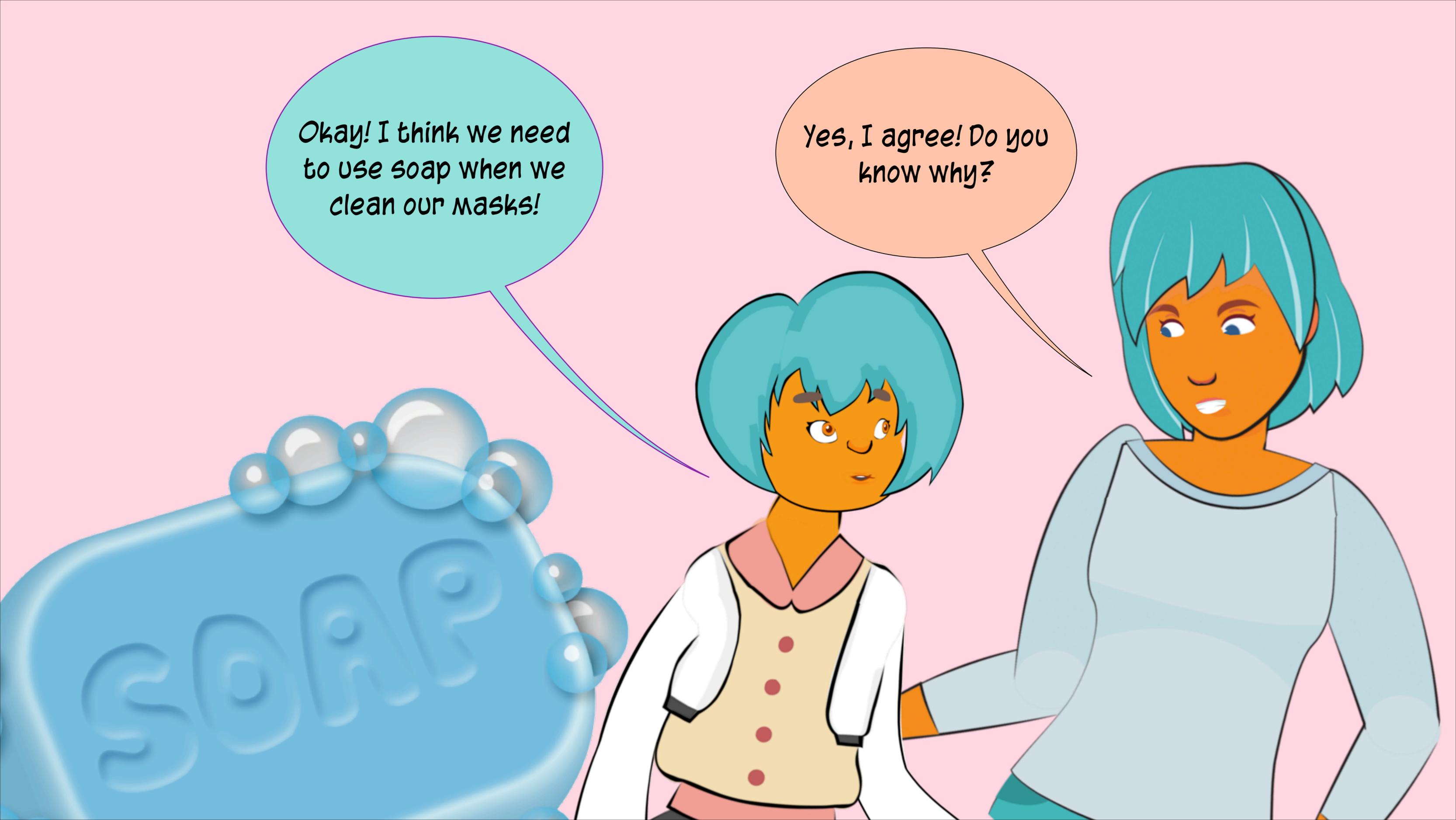
I'm back! What should I do about the masks now?

You have two options! Have you done your laundry this week?

Yes, I just did my laundry yesterday.

Okay! No problem. You could have included them in your regular laundry. But, since you've already done it, we'll wash the masks by hand instead.





Okay! I think we need to use soap when we clean our masks!

Yes, I agree! Do you know why?

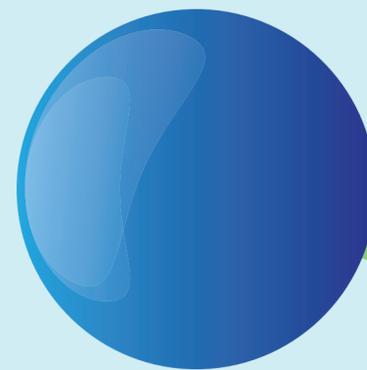
Yes! We learned in school that soap has a split personality: it is water-loving and oil-loving! So, the oil-loving ends of soap molecules attach to the oily layer of the virus... and oily dirt too!

Rubbing the mask helps the soap unstick dirt and any viruses from the mask.

Then, we can rinse everything away because the water-loving ends of soap molecules are attracted to water!

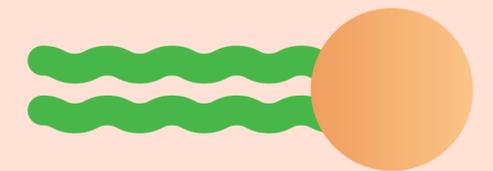


**WATER
LOVING END**



SOAP MOLECULE

**OIL LOVING
END**



*OIL, OILY DIRT, AND THE
OILY OUTSIDE OF A VIRUS*

An illustration featuring two women with short, light blue hair. The woman on the left is wearing a light blue top and has a speech bubble above her. The woman on the right is wearing a white top with a pink collar and has a speech bubble above her. To the right of the women are two face masks. The top mask is purple with yellow polka dots and a purple ribbon. The bottom mask is blue with a floral pattern of yellow, pink, and white flowers and a blue ribbon. The background is white.

You got it! To put it all together, here are the steps to washing your mask!

Perfect!
Thank you!

- 1. Wet your mask with water and add a few drops of liquid soap.*
- 2. Squeeze the wet mask to make to soap foam up.*
- 3. Rinse with clean water to remove the soap.*
- 4. Hang your mask or lay it flat and let it dry fully.*



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